



# Understanding Use of Peripherally Inserted Central Catheters (PICCs) in VHA

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# BACKGROUND & OBJECTIVE

- Peripherally inserted central catheters (PICCs) are used to deliver medications, such as antibiotics.
- Little is known
  about their use in
  the Veterans
  Health
  Administration
  (VHA).

Peripherally Inserted Central Catheter (PICC)

• This study focuses on PICC use, care, and management to inform interventions and enhance patient safety.

#### **METHODS**

# Study Design

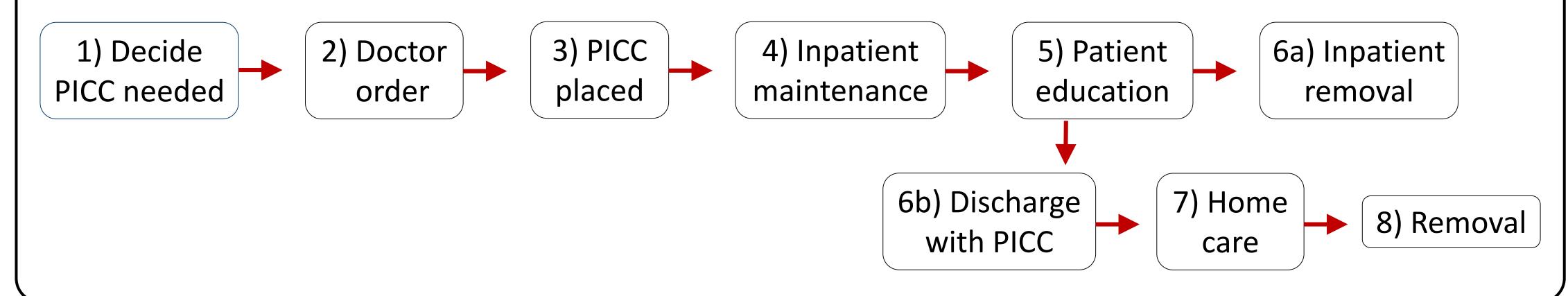
- We interviewed 23 doctors and 33 nurses at 5 VHA medical centers between July 2018 and January 2019.
- We asked how they decide a patient needs a PICC and how they care for patients with PICCs at their VHA site.

#### Data Analysis

- Interviews were summarized to identify when, how, and by whom PICCs are ordered, placed, and maintained.
- Individual summaries were grouped by site and used to create site process maps.

#### PROCESS MAPPING

We used interview data to identify steps of the PICC process (below) and how these steps were accomplished at each site.



#### RESULTS

### Site 1

PICCs placed by interventional radiology (IR) & ICU Vascular Access Team (VAT)

- Staff Knowledge: Gaps in knowledge of site PICC processes; potential gap in ICU understanding of appropriate PICC use
- Decision Process: unclear ICU VAT & IR criteria
- Maintenance: IV team nurses perform care (inpatient and ICU)
- Patient Education: No education materials

# Site 2

PICCs placed by interventional radiology (IR)

- Staff Knowledge: Gaps in knowledge of appropriate PICC use; disagreement among staff regarding who screens, educates patient
- Decision Process: No formal criteria; provider decision
- Maintenance: Bedside nurses perform care
- Patient Education: Printed education sheet

## Site 3

Patients referred out for PICC placement

- Staff Knowledge: Gaps in knowledge of appropriate PICC use; disagreement regarding who performs removal
- Decision Process: No formal criteria or decision aids
- Maintenance: Bedside RNs perform care
- Patient Education: No education materials

#### Site 4

PICCs placed by Vascular Access Team (VAT)

- Staff Knowledge: Limited understanding of VAT role, who cares for PICCs; incomplete knowledge of risks associated with PICCs, available alternatives
- Decision Process: VAT use specific criteria
- Maintenance: VAT check daily, 7 day dressing change; bedside nurses as needed
- Patient Education: Contracted video, patient and family education sheet

# Site 5

PICCs placed by Vascular Access Team (VAT)

- Staff Knowledge: Lack of clarity regarding site protocol and PICC processes; limited knowledge of PICC criteria
- Decision Process: VAT use specific criteria
- Maintenance: VAT perform inpatient care; unit nurses care for ICU/PCU PICCs
- Patient Education: Materials developed by VAT

#### CONCLUSIONS

- We found that the processes used to decide a PICC is needed and how to care for patients with PICCs varies across sites.
- We identified gaps in understanding appropriate PICC use and current site practices.
- Reasons for choosing a PICC are not always based on clear criteria, resulting in PICCs placed for different reasons between sites.
- Staff responsible for PICC care and maintenance differs across sites.
- The content of patient education and staff responsible for teaching differs both across and within sites.

#### FUTURE DIRECTIONS

Several opportunities for improving PICC use and care were identified. We are now identifying strategies to enhance PICC care and safety in VHA.

Please contact lauren.weston@va.gov for more information about this study

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