

CURRICULUM VITAE
March 2008

PERSONAL DATA

Mark A. Ilgen, Ph.D.

ADDRESSES

VA Address:

Department of Veterans Affairs, Health Services Research and Development
Serious Mental Illness Treatment Research and Evaluation Center (SMITREC)
PO Box 130170
Ann Arbor, MI 48113-0170
Phone: 734-845-3646
FAX: 734-845-2349

University Address:

University of Michigan
Department of Psychiatry
Mental Health Services Outcomes & Translation Section
Rachel Upjohn Building
4250 Plymouth Road, Room 2403
Ann Arbor, MI 48109-5765
Email: marki@med.umich.edu

Mark A. Ilgen, Ph.D.
Licensed Clinical Psychologist: # 6301013529

EDUCATION

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| May 2003 | University of Colorado, Clinical Psychology; Ph.D. |
| May 1999 | University of Colorado, Clinical Psychology; M.A. |
| May 1997 | Miami of Ohio University Major: Psychology Minor: Neuroscience; B.A. |

CERTIFICATION AND LICENSURE

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| Nov. 2005 – Sept. 2007 | California - Licensed Clinical Psychologist: #PSY 20591 |
| April 2007 - present | Michigan - Licensed Clinical Psychologist: #6301013529 |

ADMINISTRATIVE/ACADEMIC APPOINTMENTS

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|------------------|---|
| 03/2007- Present | Serious Mental Illness Treatment Research and Evaluation Center (SMITREC) Department of Veterans Affairs Research Investigator |
| 03/2007- Present | Department of Psychiatry School of Medicine University of Michigan Assistant Professor |
| 07/2005- 02/2007 | Center for Health Care Evaluation VA Palo Alto Health Care System Research Health Science Specialist |
| 09/2003-09/2005 | Center for Health Care Evaluation VA Palo Alto Health Care System and Stanford University School of Medicine Postdoctoral Fellow in Health Services Research |
| 09/2002-08/2003 | VA Palo Alto Health Care System (APA accredited) Clinical Psychology Intern |

CLINICAL APPOINTMENTS

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|-------------------|---|
| 04/2007 - Present | Psychologist: VA Ann Arbor Health Care System Substance Abuse Clinic |
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| 08/2002 - 08/2003 | Intern: VA Palo Alto Health Care System. Spinal Cord Injury Unit, Acute Inpatient Psychiatry Unit, Addiction Treatment Service and Health Services Research and Development (HSR&D). |
| 06/2001- 08/2002 | Intake Coordinator: Raimy Psychology Clinic, University of Colorado at Boulder. |
| 01/2000- 08/2002 | Therapist: Colorado Alcohol and Smoking Lab. University of Colorado at Boulder. |
| 08/2000-08/2002 | Therapist: Employee Assistance Program (EAP). The Department of Commerce. |
| 08/2000 - 08/2002 | Crisis Worker: Emergency Psychiatric Services. Boulder Community Mental Health Center. |

EDITORIAL POSITIONS, BOARDS, AND PEER-REVIEW SERVICE

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| 07/2007 - present | Editorial Fellowship, <i>Journal of Substance Abuse Treatment</i> |
| 12/2007 - present | Editorial Board, <i>The Open Addiction Journal</i> |
| Ad Hoc Journal Reviews | <i>Addiction, Alcoholism: Clinical and Experimental Research, Clinical Practice and Epidemiology in Mental Health, Drug and Alcohol Dependence, Journal of Consulting and Clinical Psychology, Journal of Studies on Alcohol, Journal of Substance Abuse Treatment, Journal of Women's Health, Psychiatry Research, Psychological Medicine</i> |

GRANT SUPPORT

Current

“Enhancing dual diagnosis patients’ involvement in continuing care.” VA Merit Review Entry Program (MREP) Award. VA training grant funded from 10/05 to 9/08. Role: PI.

“Service utilization and suicide in Veterans with substance use disorders.” VA HSR&D. Specific dates of funding pending. Role: PI.

“Suicide & Firearm Experience (SAFE): Developing Strategies to Increase Veterans’ Safety.” VA Rapid Response Program (RRP) 05/07 to 11/07. Valenstein (PI). Role: Co-I.

“Systematic Approaches to Firearms in Mental Health Settings (SAF-MH): Acceptability and Feasibility.” American Foundation for Suicide Prevention. Specific dates of funding pending. Valenstein (PI). Role: Co-I.

Pending

“Management of Suicidal Patients in Substance Use Disorder Treatment Programs.” Submitted as an R01 to National Institute on Drug Abuse (NIDA). Role: PI.

“Management of Suicidal Veterans during Substance Use Disorder Treatment.” Submitted as a Merit Review Application to VA Health Services Research and Development (HSR&D). Role: PI.

Completed

“Stress, withdrawal and pain tolerance in substance dependent individuals.” Local Program Evaluation and Resource Center (PERC) funded pilot project. 8/06 to 4/07. Role: PI.

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

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|----------------|------------------------------------|
| 2002 - Present | American Psychological Association |
| 2006 - Present | Research Society on Alcoholism |

TEACHING ACTIVITIES

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| 08/1997 - 08/2002 | Teaching Assistant: for Introduction to Psychology, Psychopathology, Abnormal Psychology, and Developmental Psychology. |
| 01/1999-12/1999 | Lab Instructor: Instructor of lab portion of undergraduate courses in Psychopathology. |
| 06/1998 - 07/1998 | Co-Instructor: Critical Thinking in Clinical Psychology: Focus on Mood Disorders. |

BIBLIOGRAPHY

Peer-Reviewed Publications in Scientific Journals

1. Matthews DB, Ilgen MA, White, A. M., & Best, P. J. Acute ethanol administration impairs spatial performance while facilitating non-spatial performance in rats. *Neurobiology of Learning and Memory*, 72:169-79, 1999.

2. Ilgen MA, Tiet Q, & Moos R. Outcomes of substance use disorder treatment in suicidal and non-suicidal male patients. *Journal of Studies on Alcohol*, 65:643-50, 2004.
3. Ilgen MA, McKellar J, & Tiet Q. Abstinence self-efficacy and abstinence one year after substance use disorder treatment. *Journal of Consulting and Clinical Psychology*, 73:1175-80, 2004.
4. Ilgen MA, Tiet Q, Finney JW, & Harris, AHS. A recent suicide attempt and the effectiveness of inpatient and outpatient substance use disorder treatment. *Alcoholism: Clinical and Experimental Research*, 29:1664-71, 2005
5. Ilgen MA, Moos R. Deterioration following alcohol use disorder treatment in Project MATCH. *Journal of Studies on Alcohol*, 66:517-25, 2005.
6. Ilgen MA, Hutchison K. A history of Major Depressive Disorder and the response to stress. *Journal of Affective Disorders*, 86:143-50, 2005.
7. Ilgen MA, Moos R. Exacerbation of psychiatric symptoms during substance use disorder treatment. *Psychiatric Services*, 57:1758-64, 2006.
8. Ilgen MA, McKellar J, Moos R, Finney JW. Therapeutic alliance and the relationship between motivation and treatment outcomes in alcohol use disorder patient. *Journal of Substance Abuse Treatment*, 31:157-62, 2006.
9. Tiet Q, Ilgen MA, Byrnes H, Moos R. Suicide attempts among substance use disorder patients: an initial step toward a decision tree for suicide management. *Alcoholism: Clinical and Experimental Research*, 30:1-8. 2006.
10. Ilgen MA, Trafton JA, Humphreys K. Response to methadone maintenance treatment of opiate dependent patients with and without significant pain. *Drug and Alcohol Dependence*, 82:187-93, 2006.
11. Ilgen MA, Tiet Q, Finney J, Moos R. Self-efficacy, therapeutic alliance, and alcohol use disorder treatment outcomes. *Journal of Studies on Alcohol*, 67:465-72, 2006.
12. Ilgen MA, McKellar J, Moos R. Personal and treatment-related predictors of abstinence self-efficacy. *Journal of Studies on Alcohol*, 68:126-32. (2007).
13. Ilgen, MA, Harris, AHS, Moos, R, & Tiet, Q. Predictors of a suicide attempt one year after entry into substance use disorder treatment. *Alcoholism: Clinical and Experimental Research*, 31: 635-642. (2007).
14. Tiet Q, Ilgen MA, Byrnes H, Finney JF. Treatment settings and baseline substance use severity interact to account for patients' outcomes. *Addiction*, 102: 432-440. (2007).

15. Levin C, Ilgen MA, Moos R. Coping strategies moderate the relationship between self-efficacy and 5-year treatment outcome. *Psychology of Addictive Behaviors*. 21: 108-113. (2007).
16. Timko C, Ilgen MA, Moos R. Dually diagnosed patients' psychiatric symptom exacerbation during substance use disorder treatment. *Journal of Dual Diagnosis*. 4: 55 – 74. (2007).
17. Ilgen MA, Jain A, Lucas, E Moos R. Substance use disorder treatment and a decline in attempted suicide during and after treatment. *Journal of Studies on Alcohol and Drugs*. 68: 503-509. (2007).
18. Ilgen MA, Wilbourne, PL, Moos, BS, Moos, RH. Problem-free drinking over 16-years among individuals with alcohol use disorders. *Drug and Alcohol Dependence*, 92: 116–122 (2008).
19. Ilgen MA, Zivin, K, McCammon, RJ, Valenstein, M. Mental illness, previous suicidality and access to guns in the United States. *Psychiatric Services*, 59: 198-200. (2008).
20. Laffaye, CJ, McKellar J, Ilgen MA, Moos, RH. Predictors of 4-year outcome of community residential treatment for patients with substance-use disorder. *Addiction*, 103: 671–680. (2008).
21. Burnette ML, Lucas E, Ilgen MA, Frayne SM, Mayo J, Weitlauf JC. Prevalence and health correlates of prostitution among patients seeking treatment for substance use disorders. *Archives of General Psychiatry*, 65: 337-344. (2008).
22. McKellar J, Ilgen MA, Moos BS, Moos, RH. Predictors of Changes in Alcohol-Related Self-Efficacy over 16-years. *Journal of Substance Abuse Treatment*. (in press).
23. Burnette ML, Ilgen MA, Frayne SM, Lucas E, Mayo J, Weitlauf JC. Violence Perpetration and Childhood Abuse among Men and Women in Substance Abuse Treatment. *Journal of Substance Abuse Treatment*. (in press).
24. Perron BE, Ilgen MA, Hasche, L, Howard, MO. Service Needs of Clients in Outpatient Substance-Use Disorder Treatment: A Latent Class Analysis. *Journal of Studies on Alcohol and Drugs*. (in press).
25. Chermack ST, Zivin K, Valenstein M, Ilgen MA, Austin KL, Wryobeck J, Blow FC. The Prevalence and Predictors of Mental Health Treatment Services in a National Sample of Depressed Veterans. *Medical Care*. (in press).

Articles Submitted

1. Ilgen M, Walton M, Cunningham R, Barry K, Chermack S, De Chavez P, Blow F. Suicidal ideation in an inner city Emergency Department. (under review).

2. Burnette ML, Schneider R, Ilgen MA, Timko, C. Women's Past-Year Prostitution Status and Receipt of Substance Use Disorder Services. (under review).
3. Ilgen MA, Hu K, Moos RH., McKellar J. Continuing care utilization and readmission to inpatient psychiatric treatment in patients with co-occurring psychiatric and substance use disorders. (under review).
4. Ilgen MA, Jain, A, Kim, HM, Trafton, JA. The effect of stress on craving for Methadone depends on the timing of last Methadone dose. (under review).
5. Wojnar M, Ilgen MA, Jakubczyk A, Slufarska A, Klimkiewicz A, Brower KJ. Impulsive suicide attempts predict post-treatment relapse in alcohol dependent patients. (under review).
6. Burnette M, Schneider R, Timko C, Ilgen MA. How Can Substance Use Disorder Treatment Benefit Women Involved in Prostitution? (under review).
7. Ilgen MA, Zivin K, McCammon RJ, Valenstein, M. Pain and Suicidality in the United States. (under review).
8. McCarthy JF, Valenstein M, Kim HM, Ilgen MA, Zivin K, Blow FC. Suicide Mortality Among Veterans Receiving Care in the VA Health System. (under review).
9. Ilgen MA, Chermack ST, Murray R, Walton MA, Barry KL, Wojnar M, Blow FC. The association between partner and non-partner aggression and suicidal ideation in patients seeking substance use disorder treatment. (under review).
10. Bernstein, A., Trafton, J., Ilgen, M., & Zvolensky, M. J. (2008). An evaluation of the role of smoking context on a biobehavioral index of distress tolerance. (under review).

Abstracts, preliminary communications and panel discussions

1. "Ethanol disrupts use of spatial information while enhancing the use of non-spatial information." Poster presented at the Society of Neuroscience, New Orleans, LA. 1997
2. "Prevention of relapse/recurrence of Major Depressive Disorder among previously depressed college students." Paper presented at AABT annual convention, Toronto, Ontario, 1999.
3. "A history of Major Depressive Disorder as a predictor of increased sensitivity to an acute stressor." Poster presented at AABT annual convention, Reno, NV, 2002.
4. "The impact of a CBT-IPT prevention program on the academic performance of previously depressed college students." Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy (AABT), Boston, MA., 2003.

5. "Treatment setting and suicidality in patients with substance use disorders." Poster presented at Health Services Research and Development (HSR&D) annual convention, Washington, DC, 2004.
6. "Abstinence self-efficacy and alcohol use disorder 1-year treatment outcomes: Is high confidence overconfidence?" Poster presented at the Research Society on Alcoholism (RSA) annual meeting, Vancouver, BC, Canada., 2004.
7. "Response to inpatient substance use treatment in suicidal and non-suicidal patients." Poster presented at American Psychological Association (APA) annual convention, Honolulu, HI., 2004
8. "Iatrogenic effects of treatment for alcohol use disorders." Poster presented at American Psychological Association (APA) annual convention, Washington, D.C.. 2005
9. "Recent Sexual Abuse, Physical Abuse, and Suicide Attempt in Patients with Substance Use Disorders." Poster presented at American Psychological Association (APA) annual convention, Washington, D.C., 2005
10. "Risk of suicide attempt in substance use disorder patients." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Santa Barbara, CA., 2005.
11. "Exacerbation of psychiatric symptoms during substance use disorder treatment." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Santa Barbara, CA., 2005
12. "Coping strategies moderate the relationship between self-efficacy and 5-year treatment outcome." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Santa Barbara, CA., 2005.
13. "Treatment intensity and symptom severity in patients with substance use disorders." Presentation at the Health Services Research and Development (HSR&D) annual convention, Washington, DC., 2006.
14. "Therapeutic alliance and the relationship between motivation and treatment outcomes in alcohol use disorder patients." Presentation at the Eleventh International Conference on Treatment of Addictive Behaviors (ICTAB-11), Santa Fe, NM., 2006.
15. "Rates of problem-free drinking over 16-years in a sample of patients with significant alcohol use at baseline." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Baltimore, MD., 2006
16. "Predictors of a suicide attempt one year after entry into substance use disorder treatment." Poster presented at Health Services Research and Development (HSR&D) annual convention, Washington, DC., February, 2007.
17. "Patient and Program Characteristics Predicting Improved Outcomes among Individuals with Co-Occurring Psychiatric and Substance Use Disorders." Poster to presented at

- Health Services Research and Development (HSR&D) annual convention, Washington, DC., February, 2007.
18. "Prostitution among individuals seeking substance abuse treatment: Implications for mental and physical health providers." Poster presented at Society for General Internal Medicine California Regional Meeting, San Francisco, CA. March, 2007.
 19. "Methadone Maintenance reduces but does not eliminate stress-potentiated craving for opiates." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Chicago, IL, July, 2007.
 20. "Higher Responses to reward opportunities and lower executive functioning in substance users." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Chicago, IL, July, 2007.
 21. "Predictors of improvement in substance abuse problems in four years following community residential treatment." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Chicago, IL, July, 2007.
 22. "Predictors of Self-Efficacy over 16-years after seeking help for alcohol problems." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Chicago, IL, July, 2007.
 23. "Aftercare Treatment and Readmission to Inpatient Psychiatric Treatment in Dually Diagnosed Patients." Poster presented at Addiction Health Services Research (AHSR) annual meeting, Athens, GA, October, 2007.
 24. "Aftercare Treatment and Readmission to Inpatient Psychiatric Treatment in Dually Diagnosed Patients." Poster presented at Addiction Health Services Research (AHSR) annual meeting, Athens, GA, October, 2007.
 25. "Suicide Mortality Among Veterans Receiving Care in the VA Health System." To be presented at the Annual Research Meeting of Academy Health, Washington DC, June, 2008.