

Jeffrey Todd Kullgren, MD, MS, MPH  
Assistant Professor of Internal Medicine  
Division of General Medicine  
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## CURRICULUM VITAE

### Education

- 8/1996-5/2000 B.S., Michigan State University (Sociology), East Lansing, MI
- 9/2000-4/2002 M.P.H., University of Michigan School of Public Health (Health Management and Policy), Ann Arbor, MI
- 8/2002-5/2006 M.D., Michigan State University College of Human Medicine, East Lansing, MI
- 7/2009-5/2011 M.S., Perelman School of Medicine at the University of Pennsylvania (Health Policy Research), Philadelphia, PA

### Training

- 6/2006-6/2007 Intern in Medicine, Brigham and Women's Hospital, Boston, MA
- 7/2007-6/2009 Resident in Medicine, Brigham and Women's Hospital, Boston, MA
- 7/2009-6/2012 Fellow, Robert Wood Johnson Foundation Clinical Scholar, Philadelphia VA Medical Center and University of Pennsylvania, Philadelphia, PA

### Certification and Licensure

#### *Medical Licensure*

- 2009 American Board of Internal Medicine
- 2008-2009 Commonwealth of Massachusetts
- 2009 Commonwealth of Pennsylvania
- 2012 Board of Medicine Physician License, State of Michigan (#4301100464)  
*Expires 1/31/2013*

#### *Other Certification*

ACLS Provider, American Heart Association

### Academic, Administrative, and Clinical Appointments

#### *Academic and Administrative*

- 5/1999-8/1999 Public Policy Intern, AIDS Alliance for Children, Youth and Families, Washington, DC

8/1999-12/1999 Consultant, AIDS Alliance for Children, Youth and Families, Washington, DC

5/2000-8/2000 Program Analyst, Agency for Healthcare Research and Quality, Rockville, MD

9/2000-8/2003 Research Assistant, University of Michigan School of Public Health, Ann Arbor, MI

5/2001-8/2001 Administrative Extern, Chicago Health Outreach, Inc., Chicago, IL

7/2007-6/2009 Research Assistant, Division of General Medicine, Brigham and Women's Hospital, Boston, MA

7/2009-6/2012 Senior Fellow, Leonard Davis Institute of Health Economics, University of Pennsylvania, Philadelphia, PA

7/2009-6/2012 Trainee, Leonard Davis Institute of Health Economics Center for Health Incentives and Behavioral Economics and Penn CMU Roybal P30 Center on Behavioral Economics and Health, Philadelphia, PA

7/2012-present Assistant Professor of Internal Medicine, Division of General Medicine, University of Michigan Medical School, Ann Arbor, MI

7/2012-present Research Scientist, VA Center for Clinical Management Research, VA Ann Arbor Healthcare System, Ann Arbor, MI

7/2012-present Core Investigator, Center for Behavioral and Decision Sciences in Medicine, VA Ann Arbor Healthcare System & University of Michigan, Ann Arbor, MI

9/2012-present Member, Michigan Center for Diabetes Translational Research, University of Michigan, Ann Arbor, MI

### *Clinical*

6/2006-6/2009 Clinical Fellow in Medicine, Harvard Medical School, Boston, MA

10/2009-6/2012 Attending Physician, Hospital of the University of Pennsylvania, Philadelphia, PA

10/2009-6/2012 Attending Physician, Philadelphia VA Medical Center, Philadelphia, PA

7/2012-present Attending Physician, VA Ann Arbor Healthcare System, Ann Arbor, MI

### **Research Interests**

1. Behavioral economic interventions to promote healthy behaviors
2. Diabetes prevention
3. Consumer-directed health care
4. Impact of public reporting
5. Access to care

### **Grants**

*Present/Active*

(J Kullgren, PI) 0/1/01/2013-06/30/2014  
University of Michigan MCubed Initiative  
\$60,000/annual direct costs

**Usability and Impact of a Health Care Price Transparency Tool**  
Role: Principal Investigator

LIP 41-128 (J Kullgren, PI) 01/01/2013-06/30/2013  
VA Center for Clinical Management Research  
\$8,359/annual direct costs

**Improving Identification of Prediabetes within the VHA**  
Role: Principal Investigator

(S Marcus, PI) 10/31/2011-12/31/2012  
Department of Veterans Affairs Center for Health Equity Research and Promotion (CHERP)  
\$27,300/annual direct costs

**Improving Fecal Occult Blood Test Completion Rates among Veterans**  
Role: Co-Investigator (Principal Investigator 10/31/2011-06/30/2012)

*Pending*

COIN (EA Kerr) 10/01/13-09/30/18  
VA HSR&D \$1,000,000 (annual direct costs)

**VA Center for Clinical Management Research**

Ongoing VA Health Services Research & Development Center of Innovation grant.  
Role: Co-Investigator

*Previous*

(J Kullgren, PI) 11/30/2007-10/1/2008  
Brigham and Women's Hospital Martin Solomon Medical Education Fund  
\$3,000/annual direct costs

**The Impact of Nonfinancial Barriers on Access for the Uninsured**  
Role: Principal Investigator

5R21HD053440-02 (T Lieu, PI) 08/30/2007-07/01/2010  
Eunice Kennedy Shriver National Institute of Child Health and Human Development  
\$192,815/annual direct costs

**Family Decision Making and Burden Under High-Deductible Health Plans**  
Role: Co-Investigator

(J Karlawish, PI) 09/30/2011-08/01/2012  
Penn-CMU Royal Center on Behavioral Economics and Health/National Institute on Aging  
\$18,737/annual direct costs

**Who Wants to Be in a Behavioral Economic Intervention?**  
Role: Co-Investigator

## Honors and Awards

- 1996-2006 Medical Scholar (combined BS/MD program), Michigan State University College of Human Medicine, East Lansing, MI
- 2004 Second Place, Blue Cross Blue Shield of Michigan Foundation Excellence in Student Research Competition, Detroit, MI
- 2004 First Place, Quality Studies, Michigan Chapter of the American College of Physicians Annual Scientific Meeting, Traverse City, MI
- 2005 Gold Humanism Honor Society
- 2005 Alpha Omega Alpha (Junior Year)
- 2006 Second Place, Blue Cross Blue Shield of Michigan Foundation Excellence in Student Research Competition
- 2006 Assistant Dean's Award for Academic Excellence, Michigan State University College of Human Medicine, East Lansing, MI
- 2007 David M. Levine Award, Johns Hopkins University Division of General Internal Medicine, Baltimore, MD
- 2009-2010 Superior Reviewer (top 15% of peer reviewers), Journal of General Internal Medicine
- 2011 Bradley Fellow Award in Health Evaluation Research, University of Pennsylvania Department of Medicine, Philadelphia, PA
- 2011 Mack Lipkin Sr. Associate Member Award, Society of General Internal Medicine Annual Meeting, Phoenix, AZ
- 2011 Fellow, 11th Annual NIH Summer Institute on Randomized Behavioral Clinical Trials, Warrenton, VA
- 2011 Best Oral Presentation by a Junior Faculty Member, Society of General Internal Medicine Mid-Atlantic Regional Meeting, Baltimore, MD
- 2012 Mack Lipkin Sr. Associate Member Award, Society of General Internal Medicine Annual Meeting, Orlando, FL
- 2012 First Place, Clinical Research, University of Pennsylvania Institute on Aging Sylvan M. Cohen Annual Retreat, Philadelphia, PA
- 2011-2012 Superior Reviewer (top 15% of peer reviewers), Journal of General Internal Medicine

## **Memberships in Professional Societies**

### *National*

- 2001-present AcademyHealth (Annual Meeting Consumer Choice, Decision-Making, and Behavior Abstract Review Committee 2012; Reviewer for Institute on Advocacy and Public Policy Presidential Scholarship 2013)
- 2002-2010 American Medical Association

2002-2006	American Medical Student Association (Michigan State University Chapter Public Relations Chair 2003-2004)
2004-present	Society of General Internal Medicine (Research Committee 2009-2012, Annual Meeting Quality Studies Abstract Review Committee 2012, Annual Meeting Preventive Medicine Abstract Review Committee 2009)
2009-present	American College of Physicians
2012-present	Society for Medical Decision Making

#### *Local*

2001-2002	University of Michigan Health Policy Student Association (Founding Co-Chair 2001 – 2002)
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### **Editorial Positions, Boards, and Peer-Review Service**

#### *Editor*

2003-2004	Virtual Mentor (Theme Issue)
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#### *Reviewer*

2003-present	Ad-Hoc Reviewer, American Journal of Public Health
2004-present	Ad-Hoc Reviewer, Journal of General Internal Medicine
2005-present	Ad-Hoc Reviewer, Journal of Health Care for the Poor and Underserved
2007-present	Ad-Hoc Reviewer, Journal of Immigrant and Minority Health
2008-present	Ad-Hoc Reviewer, Journal of Women's Health
2009-present	Ad-Hoc Reviewer, Ethnicity and Health
2010-present	Ad-Hoc Reviewer, Social Science & Medicine
2010-present	Ad-Hoc Reviewer, Annals of Internal Medicine
2010-present	Ad-Hoc Reviewer, Social Science Quarterly
2011-present	Ad-Hoc Reviewer, Healthcare Policy
2011-present	Ad-Hoc Reviewer, American Journal of Managed Care
2011-present	Ad-Hoc Reviewer, Health Affairs
2011-present	Ad-Hoc Reviewer, BMC Health Services Research
2012-present	Ad-Hoc Reviewer, Archives of Internal Medicine
2012-present	Ad-Hoc Reviewer, International Journal of Health Equity
2012-present	Ad-Hoc Reviewer, Journal of the American Medical Association
2012-present	Ad-Hoc Reviewer, Pediatrics
2012-present	Ad-Hoc Reviewer, PLOS Medicine

#### *Editorial Boards*

2011-present	Editorial Board, Journal of General Internal Medicine
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### **Teaching**

2003	Field Experience Coordinator, Community Resource Elective, Michigan State University College of Human Medicine
2003-2004	Course Director, Community Resource Elective, Michigan State University College of Human Medicine

- 2004            Lecturer, Community Resource Elective, Michigan State University College of Human Medicine
- 2007            OSCE Faculty Examiner, Patient-Doctor Year II - Introduction to Clinical Medicine, Harvard Medical School
- 2008            Primary Care Chief Medical Resident, West Roxbury VA Medical Center
- 01/2011        Lecture on "Health Care Decision-Making and Delayed Care Among Families in High-Deductible Health Plans" for the University of Pennsylvania Division of Human Resources
- 2011            Mentor for Eric Tejada, Leonard Davis Institute of Health Economics Summer Undergraduate Minority Research Program (SUMR) Scholar
- 10/2011        Lecture on "Emerging Policy Approaches to Promote Healthy Behaviors" for the Physician Advocacy and Social Medicine Seminar Series at the Perelman School of Medicine at the University of Pennsylvania
- 11/2011        Lecture on "Emerging Policy Approaches to Promote Healthy Behaviors" for the Division of General Internal Medicine in the Perelman School of Medicine at the University of Pennsylvania
- 10/2012        Lecture on "Introduction to Behavioral Economics and Health" for the Robert Wood Johnson Foundation Clinical Scholars and Master's in Health & Health Care Research students at the University of Michigan

**Committee, Organizational, and Volunteer Service**

- 2002-2003      Student Council, Michigan State University College of Human Medicine
- 2003-2004      Admissions Committee, Michigan State University College of Human Medicine
- 2004-2005      Dean's Student Advisory Committee, Michigan State University College of Human Medicine
- 2005            Resident Selection Committee, Michigan State University College of Human Medicine Alpha Omega Alpha Chapter
- 2007-2008      Pharmacy and Therapeutics Committee, Brigham and Women's Hospital
- 2008            Internship Selection Committee, Brigham and Women's Hospital Department of Medicine
- 2012            Communications Committee, VA Center for Clinical Management Research

**Visiting Professorships, Seminars and Extramural Invited Presentations**

- 04/2010        "Health Care Decision-Making and Delayed Care Among Families in High-Deductible Health Plans," Harvard Medical School Department of Population Medicine, Boston, MA
- 10/2010        Moderator, "Why Prevention is the Best Buy in Healthcare" panel, Kids Come First Summit Philadelphia, PA

- 03/2011 "The Impact of Consumer-Directed Health Care on Vulnerable Populations," University of the Sciences in Philadelphia, PA
- 05/2011 Moderator, "Working with the Media to Disseminate Research Findings: Strategies for Success" panel, Society of General Internal Medicine Annual Meeting Phoenix, AZ
- 10/ 2011 "Emerging Policy Approaches to Promote Healthy Behaviors," Medical College of Wisconsin Center for Patient Care and Outcomes Research, Milwaukee, WI
- 11/2011 "Emerging Policy Approaches to Promote Healthy Behaviors," University of Michigan Division of General Medicine, Ann Arbor, MI
- 11/2011 "Emerging Policy Approaches to Promote Healthy Behaviors," University of Pittsburgh Center for Research on Health Care, Pittsburgh, PA
- 01/2012 "Public Reporting of Consumer Health Care Costs," University of Chicago Section of General Internal Medicine Diabetes Research Group, Chicago, IL
- 01/2012 "Emerging Policy Approaches to Promote Healthy Behaviors," University of Chicago Section of General Internal Medicine, Chicago, IL
- 03/2012 "Consumer-Directed Health Care and Vulnerable Populations," University of the Sciences in Philadelphia, PA

## **Bibliography**

### *Peer-Reviewed Publications*

1. Kullgren JT, Restrictions on undocumented immigrants' access to health services: the public health implications of welfare reform. *American Journal of Public Health* 2003; 93(10):1630-1633.
2. Taylor EF, Kullgren JT, McLaughlin CG. Who enrolls in a program for parents of publicly insured children? *Health Affairs Suppl Web Exclusives: W3-460-71*, 2003.
3. Kullgren JT, Sibella MD. Calculating your costs per visit. *Family Practice Management* 2004; 11(4):41-45.
4. Kullgren JT, Taylor EF, McLaughlin CG. Donated care programs: a stopgap measure or a long-run alternative to health insurance? *Journal of Health Care for the Poor and Underserved* 2005; 16(3):421-430.
5. Lieu TA, Solomon JL, Sabin JE, Kullgren JT, Hinrichsen VL, Galbraith AA. Consumer awareness and strategies among families with high-deductible health plans. *Journal of General Internal Medicine* 2010; 25(3):249-54. PMID: PMC2839340
6. Kullgren JT, McLaughlin CG. Beyond affordability: the impact of nonfinancial barriers on access for uninsured adults in three diverse communities. *Journal of Community Health* 2010; 35(3):240-248. PMID: Pending
7. Kullgren JT, Galbraith AA, Hinrichsen VL, Miroshnik I, Penfold RB, Rosenthal MB, Landon BE, Lieu TA. Health care use and decision-making among lower-income families

in high-deductible health insurance plans. *Archives of Internal Medicine* 2010; 170(21):1918-25. PMID: Pending

8. Penfold RB, Kullgren JT, Miroshnik I, Galbraith AA, Hinrichsen VL, Lieu TA. Reliability of a patient survey assessing cost-related changes in health care use among high deductible health plan enrollees. *BMC Health Services Research* 2011; 11(1):133. PMID: PMC3116474
9. Kullgren JT, McLaughlin CG, Mitra N, Armstrong K. Nonfinancial barriers and access to care for US adults. *Health Services Research* 2012; 47(1 Pt 2):462-485. PMID: Pending
10. Kullgren JT, Volpp KG, Polsky D. Are the healthy behaviors of US high-deductible health plan enrollees driven by people who chose these plans? Smoking as a case study. *PLOS ONE* 2013 (in press).

*Contributions to peer-reviewed clinical research publications, participation cited, but not by authorship*

1. Sequist TD, Zaslavsky AM, Marshall R, Fletcher RH, Ayanian JZ. Patient and physician reminders to promote colorectal cancer screening: a randomized controlled trial. *Archives of Internal Medicine* 2009; 169(4):364-71. PMID: PMC2683730

*Editorials, Reviews, Chapters, including participation in committee reports (print or other media)*

1. Kullgren JT. From the editor: an obligation to act. *Virtual Mentor* 6(1), Jan 2004.
2. Kullgren JT, Werner RM. Will public reporting of healthcare quality measures inform and educate patients? No. *Chest* Nov 2011;140:1117-1120.
3. Kullgren JT. Illegal alien status and family health. *Encyclopedia of Family Health* 2011.

*Alternative Media*

1. Kullgren JT. Welfare plan overlooks immigrants. *Detroit Free Press* Page: A15, 2002.
2. Kullgren JT. Surgeon general nominee fuels divisive politics. *Lansing State Journal* 2007.
3. Kullgren JT. Maximizing impact: using media coverage to disseminate your research. *SGIM Forum* Sep 2011.

*Abstracts*

1. Taylor E, McLaughlin CG, Kullgren JT. Differences in access and utilization among Hispanics enrolled in a community-based access program: does level of acculturation matter? *AcademyHealth Annual Research Meeting* 2004.
2. Kullgren JT, McLaughlin CG. The impact of nonfinancial barriers on access for the uninsured. *AcademyHealth Annual Research Meeting* 2008 (oral presentation).
3. Kullgren JT, McLaughlin CG. The impact of nonfinancial barriers on access for uninsured non-elderly adults. *Society of General Internal Medicine Annual Meeting* 2009 (oral presentation).
4. Kullgren JT, Galbraith AA, Hinrichsen VL, Miroshnik I, Penfold RB, Rosenthal MB, Landon BE, Lieu TA. Health care use and decision-making among lower-income families in

- high-deductible health insurance plans. Society of General Internal Medicine Annual Meeting 2010 (oral presentation).
5. Kullgren JT, Galbraith AA, Hinrichsen VL, Miroshnik I, Penfold RB, Rosenthal MB, Landon BE, Lieu TA. Health care use and decision-making among lower-income families in high-deductible health insurance plans. AcademyHealth Annual Research Meeting 2010 (poster presentation).
  6. Kullgren JT, McLaughlin CG, Mitra N, Armstrong K. Non-affordability barriers and access to care for US adults. AcademyHealth Annual Research Meeting 2011 (oral presentation).
  7. Kullgren JT, McLaughlin CG, Mitra N, Armstrong K. Non-affordability barriers and access to care for US adults. Society of General Internal Medicine Mid-Atlantic Regional Meeting 2011 (oral presentation).
  8. Kullgren JT, McLaughlin CG, Mitra N, Armstrong K. Non-affordability barriers and access to care for US adults. Society of General Internal Medicine Annual Meeting 2011 (oral presentation).
  9. Kullgren JT, Volpp KG, Polsky D. Understanding behavioral risk factors in high-deductible health plans. Society of General Internal Medicine Mid-Atlantic Regional Meeting 2011 (oral presentation).
  10. Kullgren JT, Volpp KG, Polsky D. Understanding behavioral risk factors in high-deductible health plans. AcademyHealth Annual Research Meeting 2011 (oral presentation).
  11. Kullgren JT, Volpp KG, Polsky D. Understanding behavioral risk factors in high-deductible health plans. Society of General Internal Medicine Annual Meeting 2011 (poster presentation).
  12. Kullgren JT, Troxel AB, Loewenstein G, Asch DA, Norton LA, Wesby L, Tao Y, Zhu J, Volpp KG. A randomized controlled trial of financial incentives to promote weight loss among obese employees. Society of General Internal Medicine Annual Meeting 2012 (plenary presentation).
  13. Kullgren JT, Troxel AB, Loewenstein G, Asch DA, Norton LA, Wesby L, Tao Y, Zhu J, Volpp KG. A randomized controlled trial of financial incentives to promote weight loss among obese employees. AcademyHealth Annual Research Meeting 2012 (oral presentation).